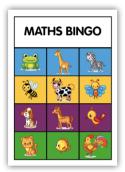


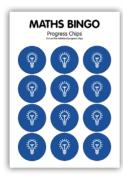
Instruction Card

Developed by the Practica Programme - www.practica.co.za

Aim: Foster playful engagement and collaboration while developing age-appropriate maths skills.

The tool consists of the following printable pages:











One MATHS
BINGO card
(can be used for
all three age
groups)

One PROGRESS
CHIPS card
(can be used for all three age groups)

One page with 12 activity cards for 3-year-olds

One page with 12 activity cards for 4-year-olds

One page with 12 activity cards for 5-year-olds

To set the game up:

- Print the pages that you require and laminate them, if desired
- Cut out the activity cards from the different age groups and the 12 progress chips

To use the tool:

- To accommodate developing concentration spans, the activities are played in sets of three
- Before every play session, ask your child to select the colour of the row they want to complete, e.g. yellow
- Select the yellow cards from the pack and do these 3 activities with your child in no specific order
- After every activity, when you are satisfied that your child has practised (not necessarily mastered)
 the activity, let them place a progress chip on the block on the BINGO card that displays the
 animal that is printed on that activity card
- When your child has placed a chip on each of the 3 yellow blocks, one game session is over
- Continue with the rest of the activities, one coloured row at a time, in later game sessions





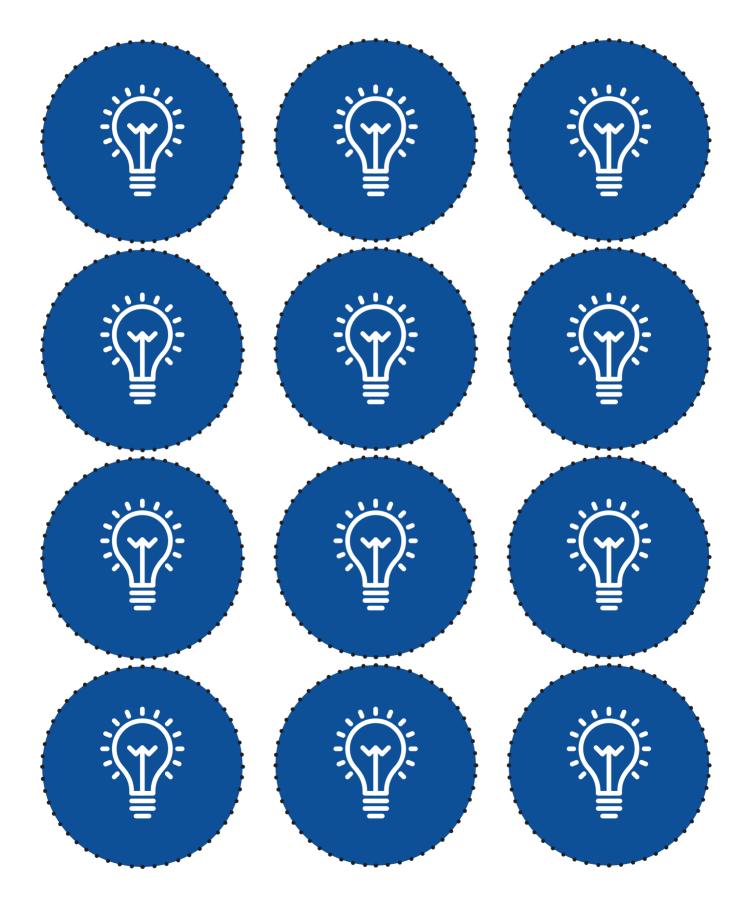






Progress Chips

Cut out the individual progress chips



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Activity cards | Three-Year-Olds

Developed by the Practica Programme - www.practica.co.za

Print this page and laminate them, if desired Cut out the individual activity cards

Touch this ____ (an object)
Touch this ____ (another object)

Which one is big?



3

Let your child help you tear a sheet of paper into pieces and remove the medium sized pieces

Sort the rest into "big" and "small"

3

Can you draw a big circle?

Can you draw a small circle?



3

Say this rhyme with your child

Five little bees zooming up above (both of you wiggle the fingers on one hand)

are finding flowers that they love (continue wiggling the fingers) Come little bees

(catch their hand in your hands)

Make honey for me
(whisper to the little fist trapped in your hands)

One, two, three, four, five (let their hand go to count their fingers)

Let's eat!

(pretend you're eating their hand)

Can you count to three?

*Later in the year, your child will learn to rote-count to four and then five



3

Draw a tree on paper

Show your child how to draw one apple (circle) on the tree Can you draw two apples? Can you draw three apples?



3

Can you show your age on your fingers?

Now, can you count the fingers?



3

Clap one time Clap two times Clap three times

Alternative wording: Give one/two/three claps *Clap along until your child masters this



Look at RIGHT hand

(show four on this hand)

Now look at LEFT hand

(show two on this hand)

Which number is more?

*your child doesn't need to count or say how many you're showing on a hand

3

Place 4 objects in a row

Three should be identical and one similar, but different, e.g. three forks and a dessert spoon

Can you point to the one that is different?



3

Give your child a bowl and spoon

Ask them to put the spoon beside/next to the bowl?
behind the bowl?
in front of the bowl?
between the bowl and my hand?
Can you move it around the bowl?



3

Three stuffed animals sit down to eat

Can you give each one a spoon, a bowl and a serviette?



3



Activity cards | Four-Year-Olds

Developed by the Practica Programme - www.practica.co.za

Print this page and laminate them, if desired Cut out the individual activity cards

Use two different small objects, e.a. arapes and strawberries to create an alternating pattern









Your child continues the pattern





Provide three objects that are small, medium and large (or cut slices of bread into 3 sizes)

> Ask your child to **count them** Then show them how to arrange them from small to bia

Draw a circle on scrap paper

Show your child how to draw a circle that is

bigger smaller the same size



Say this rhyme with your child

Five little bees zooming up above (both of you wiggle the fingers on one hand)

are finding flowers that they love (continue wiggling the fingers) Come little bees

(catch their hand in your hands)

Make honey for me (whisper to the little fist trapped in your hands

One, two, three, four, five (let their hand go to count their fingers)

Let's eat! (pretend you're eating their hand)

Can you count to five?

*As they near their fifth birthday, your child will learn to rote-count to ten



Toss 5 coins onto the floor or table

Count how many heads and tails

*use nail polish or stickers to indicate heads and tails



Can you show on your fingers?

*any number from one to five



Now, let's count the fingers!

Listen and say how many sounds you've heard

Produce one, two or three sounds,

e.g. clap, cough, knock, "brrm", "meow", "woof"



Ask: **How many** circles do you count?

Then use your forefinger to draw small circles on your child's back *any number from one to five



objects up in a row *start with numbers two to five

Ask your child to count how many there are

while pointing to every object as they count

Place three stuffed animals in a row as if they are walking in a parade

Ask your child to point to the one who is first?...last?

> When the stuffed animals sit next to each other in a row.

> > which one sits in the middle?

Place 1 to 5 objects on the table Draw a square on paper

Ask:

Can you draw this many circles in the square?







Activity cards | Five-Year-Olds

Developed by the Practica Programme - www.practica.co.za

Print this page and laminate them, if desired Cut out the individual activity cards

Provide cucumber sticks and carrot sticks (or any other food)

Ask your child to create a pattern with it before eating it

> *Five year olds can learn how to create a simple, alternating pattern, e.g.



Put less than five pieces of food in a bowl and ask your child to "add more to make this five"



*Older children count once to see how many they have and then say how many need to add. Five year olds typically add one at a time. They then count again (starting at one) after every addition to see how many

they now have

Write the numbers one to ten on ten pieces of paper

Put the numbers in a bag

Your child

1. takes one out 2. names the number 3. shows it on

their fingers

5

Say this rhyme with your child

Five little bees zooming up above (both of you wiggle the fingers on one hand)

are finding flowers that they love (continue wiggling the fingers) Come little bees

(catch their hand in your hands)

Make honey for me (whisper to the little fist trapped in your hands)

One, two, three, four, five

(let their hand go to count their fingers) Let's eat!

(pretend you're eating their hand)

Can you count to 10?

*As they near their sixth birthday, your child will find it easier to learn to ote-count to twenty and beyond

The Magic Trick

Close your fist and add one coin

Say: I started with __ and I added one,

so how many are in there now?



Place raisins in a bowl *Anv number from one to five

dots in a circle

*Any number from one to five

Is the number in the circle the same as the number in the bowl?



If not, say: Can you make them the same?

Can you show on your fingers?

*a number from one to 10

When this becomes too easy, say:



First show and then show the number that is one more?

Let your child guess.

Say: Look I have _



Then open your hand and let them count the coins. If they are wrong, see if they want to play again

_ (1,2 or 3) coins in my hand!

Opposites

If something isn't **big**, it's ? If something isn't long it's ____?

If a stick isn't **thick**, it's _ If something isn't **heavy**, it's ____?



Left and Right

Raise your left hand Raise your right hand Go left Go right



Put *five similar small objects (e.g. raisins) in a bowl and place two empty bowls in front of your child

Say: Let's see if you can move these five to make three and two



*Repeat with other numbers, up to 10

Focus your child's attention on two objects that are related, but different. e.g. apple/banana; crayon/pencil; shoe/sock; spoon/fork

> How are they alike? ... different?

