

Instruction Card

Aim: To support socio-emotional and language development while developing self-confidence and self-regulation skills.

Consists of:

- 5 printable A4-size pages that each displays a game board with 20 widely known manners that children need to master before their ninth birthday.
- 5 printable A4-size pages with coloured squares that can be used to cover the game boards.
- 5 printable pages, each with 4 cards.

To get started:

- Download the PDF-file with the printable pages via the link at the end of this post.
- · Laminate if preferred.
- Cut out the cards and coloured squares.

To play the game:

- Provide each player with a game board.
- Stack the cards into a deck and place the deck face down between the players.
- Players take turns turning over a card from the top of the deck and placing them on a discard pile.
- With each card turned, all the players look for the corresponding picture on their game board and cover it with a coloured square.
- The first player to cover 3 squares in a row is the winner.
- Five-year-olds can play the game a little differently by turning over 2 cards at a time and choosing which one would be strategically best for them to use, before returning the unused card to the bottom of the deck.

Note:

Bear in mind that the object of the game is primarily to remind children of the 20 main manners that are depicted in this game. It is therefore important to discuss the practical meaning of the cards when the opportunity arises.

Print-out look like:



THREE MANNERS IN ROW GAME
Coloured squares



X5







Board game





Board game





Board game





Board game



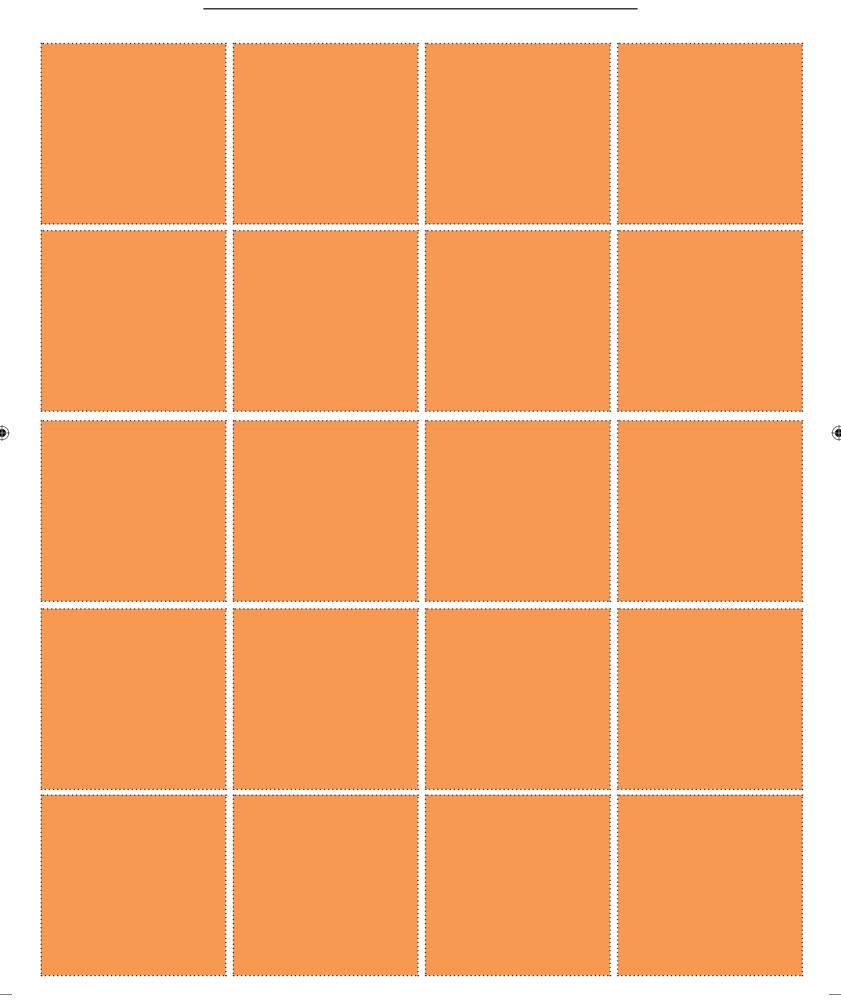


Board game



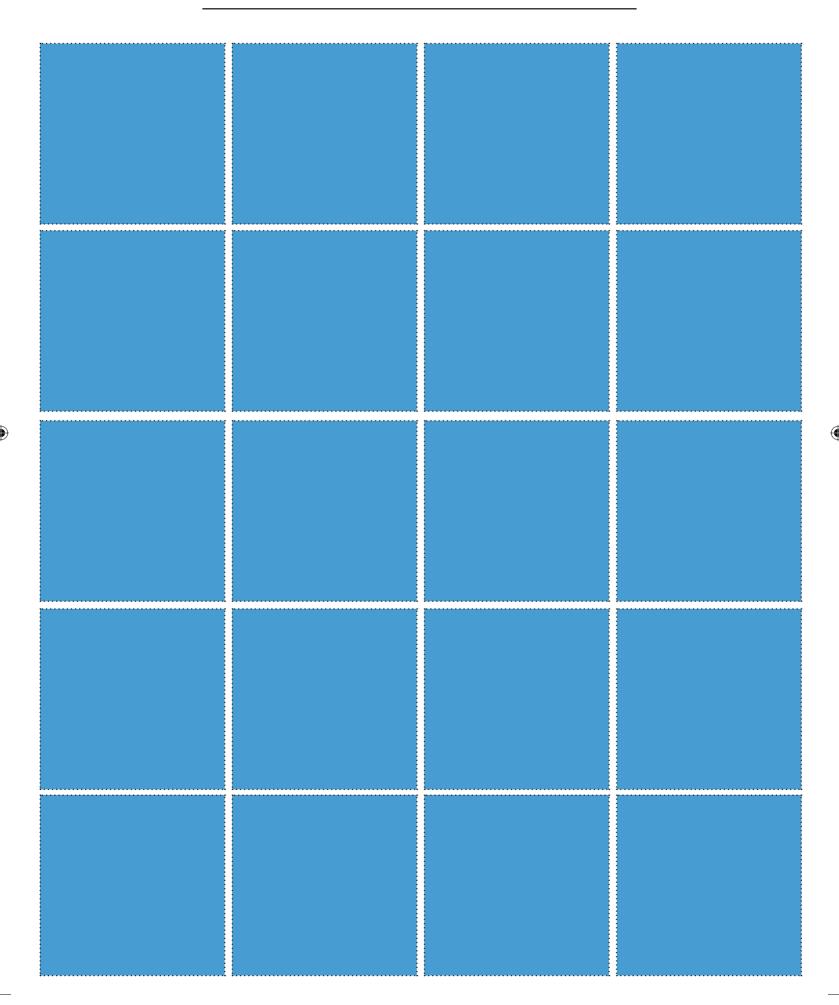
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THREE MANNERS IN ROW GAME



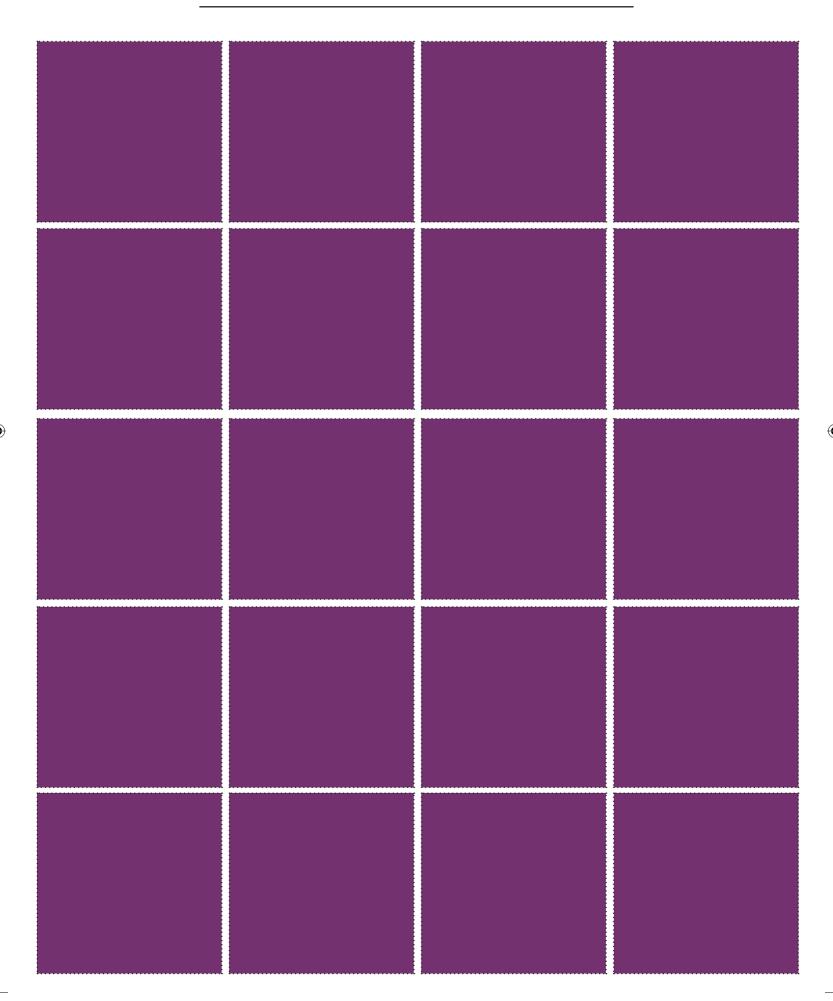
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THREE MANNERS IN ROW GAME



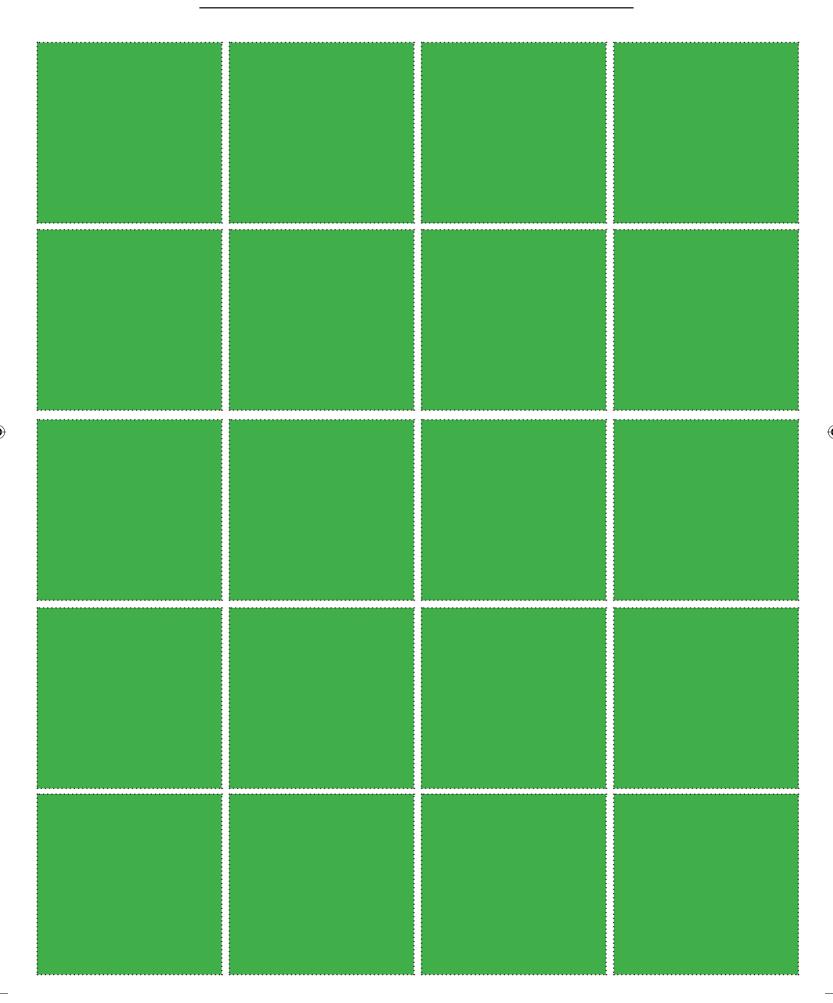
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THREE MANNERS IN ROW GAME



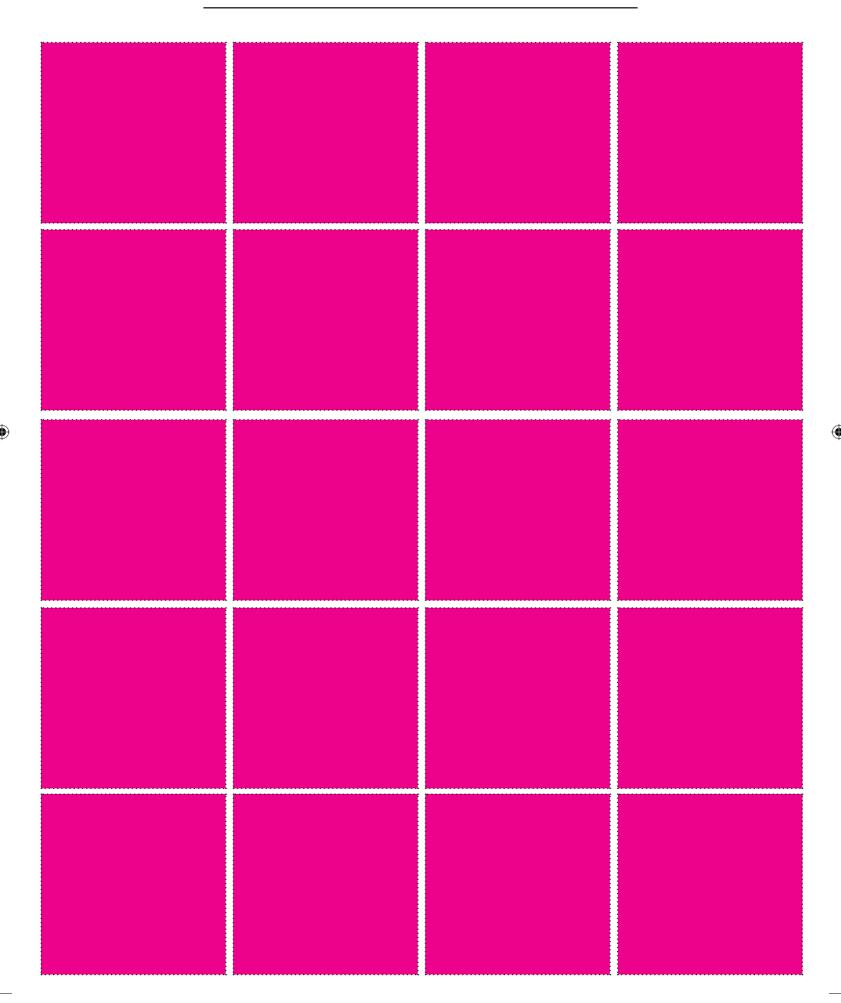
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THREE MANNERS IN ROW GAME



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THREE MANNERS IN ROW GAME





Cards



When asking for something, say

"please"



When receiving something, say

"thank you"



Do not interrupt adults when they are speaking.

They will notice you and respond when they are finished talking.



If you do need to get somebody's attention right away, the phrase "excuse me" is the most polite way to enter the conversation.



Cards



Do not comment on other people's physical characteristics, unless of course, it is to compliment them, which is always welcome.



When people ask you how you are, tell them and then ask them how they are.



When you have spent time at your friend's house, remember to thank their parents for having you over.



Knock on closed doors – and wait to see if there is a response – before entering.







Cards











Cards



If a play/movie is boring, sit through it quietly and pretend that you are interested.

The performers and presenters are doing their best.





Cover your mouth when you cough or sneeze, and don't pick your nose in public.



As you walk through a door, look to see if you can hold it open for someone else.



Cards



If you come across someone you know, ask if you can help them. If they say 'yes' – do so. You may learn something new.



When an adult asks you for a favour, do it without grumbling and with a smile.



When someone helps you say "thank you".



Use eating utensils properly. If you are unsure how to do so, ask your parents to teach you or watch what adults do.